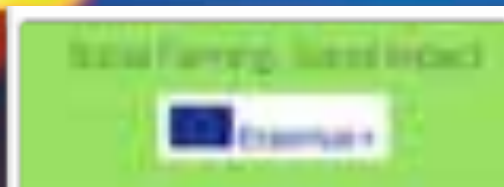


Fundación Bocalán
Social Farming- Social Impact



Previous experiences:

People at risk of social exclusion

- Disabilities
- Mental health problems
- Drug addicts
- Inmigrants
- Military prison inmates
(defense ministry)



ANIMAL ASSISTED INTERVENTIONS



Intervention goals

- Improve self esteem and active participation.
- Reduce stress and anxiety
- Develop empathy and respecting others
- Development of autonomy
- Stimulate and increase attention and concentration span
- Improve communication



Intervention goals

- Improve impulse control
- Making decisions and conflict resolution
- Team work
- Improve integration in the labour market



Previous experience: Social Farming

- Always including animals
- Most of the time including dogs
- Also horses, donkeys, hens, goats...
- Poor mental health, adolescents and adults at risk of social exclusion



What are we developing?

- **Training adolescents and adults at risk of social exclusion: Dog care and training**
- **A wide range of dog training disciplines -> Increase motivation**

- **Dog trainer (assistance dogs, detection, sport) dog kennels carer, walking clients' dogs, dog grooming...**



Current programmes

- Military prisons
- Mental health problems
- Disabilities



Adolescents and adults at risk of social exclusion

Challenges

- Contact with different placements and centres
- Already started their programmes in their facilities, proposal to start after summer (September)
- Bocalan facilities are in the countryside (transport issues)



Adolescents and adults at risk of social exclusion

Procedure

- Initial assessment (surveys, expectation and interest questionnaires...)
- First interactions with the dogs
- Theoretical and practical lessons
- “Dog trainer diary”
- Post assessment (questionnaires, record books, diaries)



ANY QUESTIONS?

